

**MOVE. THRIVE. EVOLVE.**

\*denotes R Macdonald Professional Corporation

_____		_____		_____	
Last Name		First Name		Who can we thank for the referral?	
_____				_____	
Address				City	
				Postal Code	
_____		_____		_____	
Cell Phone		Work Phone		Emergency Contact	
_____		_____			
Occupation		Email (For appointment reminders, Invoices and clinic updates ONLY) I agree			
_____		_____		_____	
Birthdate (dd/mm/yr)		Gender		Marital Status	
				Alberta Health Care Number	

**For your convenience and to expedite your check out, we are happy to upload your credit card information to your secure file:** \*You can remove this information at anytime

Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_      Expiry: \_\_\_\_ / \_\_\_\_      CCV: \_\_\_\_\_

For more information on our policy and security procedures, please don't hesitate to ask our front desk!

**EXTENDED HEALTHCARE COVERAGE**

_____		_____		_____	
Insurance Company Name		Group ID/Policy Number		Member Number	
_____				_____	
Relationship to Cardholder (self, spouse, child)				Name of Cardholder	

**Evolve 5th Avenue**

Calgary Place  
Suite 116, 414 - 3rd Street SW  
Calgary, AB, T2P 1R2

E: 5thAve@evolvechiro.ca  
T: 403.474.7792  
F: 403.719.0356

**Evolve 8th Avenue**

Watermark Tower  
Suite 110, 530 - 8th Avenue SW  
Calgary, AB T2P 3S8

E: 8thAve@evolvechiro.ca  
T: 403.474.7792  
F: 587.356.1188

## HEALTH INFORMATION

### Health Priorities/ Chief Concerns:

List your main health concerns in order of importance:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

Describe your overall health:  Poor  Fair  Good  Excellent

### LIFESTYLE

#### Typical Food Intake

Breakfast: \_\_\_\_\_  
 Lunch: \_\_\_\_\_  
 Dinner: \_\_\_\_\_  
 Snacks: \_\_\_\_\_

Glasses of water per day? \_\_\_\_\_  
 Cups/ glasses per day? Coffee \_\_\_\_\_ Black tea \_\_\_\_\_ Herbal tea \_\_\_\_\_ Pop \_\_\_\_\_ Other \_\_\_\_\_

Do you exercise?  Yes  No What type, how often? \_\_\_\_\_

Have you recently gained or lost weight?  Yes  No Weight gained/lost \_\_\_\_\_

Rate your stress level: (low) 1 2 3 4 5 6 7 8 9 10 (high)

Which factors most contribute to your stress?  Health  Work  Money  Family  Marriage  Relationship  Other

Hobbies \_\_\_\_\_

Is there anything that you feel is important that has not been covered?

\_\_\_\_\_  
 \_\_\_\_\_

### FAMILY HISTORY

Please indicate whether **you or your immediate family members** have or had the following:

Condition	Who?	Condition	Who?	Condition	Who?
Alcoholism		Cancer		Depression	
Allergies		Type:		Osteoporosis	
Alzheimers		Drug Addiction		Parkinsons	
Arthritis		Diabetes		Seizure/Epilepsy	
Type:		Type:		Stroke/Aneurysm	
Asthma		Eczema/Psoriasis		Thyroid Condition	
Autoimmune Disease		Heart Disease		Type:	
Type:		Kidney Disease		Tuberculosis	
HIV/AIDS		Liver Disease		Other	

## MEDICAL HISTORY

Please indicate any serious illnesses, conditions, or reasons for hospitalization.

Medical Condition/Hospitalization	Date of Diagnosis	Is the condition still present?	Symptoms

Please list all current medications (prescription and over-the-counter), the daily dose and how long you have taken it.

Medication	Dose per day	How long?
1.		
2.		
3.		
4.		
5.		

Please list all current vitamins/minerals, herbs, or homeopathics, the daily dose and how long you have taken it.

Supplement/Brand	Dose per day	How long?
1.		
2.		
3.		
4.		
5.		

Please indicate any allergies and/or food sensitivities.

Allergy/Food Sensitivity	Symptoms

How many courses of antibiotics have you had in the past 5 years? \_\_\_\_\_

Were you frequently given antibiotics as a child? \_\_\_\_\_ If so, for what? \_\_\_\_\_

Have you had an adverse reactions from any vaccinations? \_\_\_\_\_

Do you use any of the following?

Type	Check one	How much/How often/Form
<b>Alcohol</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Tobacco</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Caffeine</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Recreational Drugs</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Laxatives</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Antacids</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Diet Pills</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Pain Medication/ Pain Killers</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Birth Control</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Please indicate which of the following screening tests you receive.

Test	Check one	How often/ Most recent date
CBC (complete blood count)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
Breast Exam	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
Mammogram	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
DEXA Scan	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
PAP Test (women)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
Digital Rectal Exam (Men)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
Testicular Exam (Men)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
PSA (Men)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
Cholesterol	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
Blood Glucose	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	
Other (x-ray, ultrasound, EEG, ECG, CT scan, MRI, ect.)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Never	

Please check any symptoms that apply to you:

<input type="checkbox"/> Fatigue	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Weight gain	<input type="checkbox"/> Weight loss
<input type="checkbox"/> Anemia	<input type="checkbox"/> Eczema	<input type="checkbox"/> Acne	<input type="checkbox"/> Psoriasis
<input type="checkbox"/> Chronic pain	<input type="checkbox"/> Asthma	<input type="checkbox"/> Seasonal allergies	<input type="checkbox"/> TMJ/jaw pain
<input type="checkbox"/> Chronic muscle tension	<input type="checkbox"/> Muscle cramping	<input type="checkbox"/> Headaches/migraines	<input type="checkbox"/> Arthritis
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Low blood pressure	<input type="checkbox"/> Numbness/tingling/weakness	<input type="checkbox"/> Constipation
<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Clotting disorder	<input type="checkbox"/> Heart palpitations	<input type="checkbox"/> Abdominal pain
<input type="checkbox"/> Bloating/gas	<input type="checkbox"/> Frequent cold/flu	<input type="checkbox"/> Chronic stress	<input type="checkbox"/> Anxiety
<input type="checkbox"/> Depression	<input type="checkbox"/> Poor memory	<input type="checkbox"/> Recreational drug or alcohol use	<input type="checkbox"/> Low libido
<input type="checkbox"/> Erectile dysfunction	<input type="checkbox"/> PMS	<input type="checkbox"/> Irregular menstrual cycle	<input type="checkbox"/> Other:

**Consent to Release Information:**

I give Evolve Chiropractic & Wellness Center my consent to release/obtain information from the following individuals with respect to my care by report, letter, phone, fax, email or direct communication:

- Physician(s)
- Insurer
- Employer
- Other

\_\_\_\_\_  
**INITIALS**

**Credit Card Holder Authorization**

I, the previously-named authorized credit card user, give Evolve Chiropractic and Wellness Center express authorization to charge my credit card for the purposes of 1) Payment for services rendered by any practitioner at Evolve Chiropractic and Wellness Center. 2) Payment for goods purchased from any practitioner at Evolve Chiropractic and Wellness Center. 3) Payment for any outstanding balance I may incur. I understand that this form constitutes a legally binding contract and that by affixing my signature to this form, I will be held responsible for all agreed upon (as stated above) charges as well as any and all collection and legal fees. This credit card is authorized for only the charges noted above.

\_\_\_\_\_  
**INITIALS**

**IF I AM UNABLE TO ATTEND A SCHEDULED APPOINTMENT I WILL PROVIDE 24 HOURS NOTICE TO AVOID BEING CHARGED A MISSED APPOINTMENT FEE OF 100%. I AGREE TO PAY MY FULL ACCOUNT AT THE TIME OF EACH VISIT OR TREATMENT, INCLUDING FEES FOR SERVICE AND ANY GOODS PURCHASED.**

I hereby acknowledge that I have discussed with the physiotherapist the assessment of my condition and the treatment plan. I understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to physiotherapy treatment as proposed to me.

**DO NOT SIGN THIS FORM UNTIL YOU MEET WITH THE DOCTOR OF NATUROPATHIC MEDICINE**

I hereby acknowledge that I have discussed with the Doctor of naturopathic medicine the assessment of my condition and the treatment plan. I understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to naturopathy treatment as proposed to me.

\_\_\_\_\_  
Name (Please Print)

\_\_\_\_\_  
Signature of patient (or legal guardian)

\_\_\_\_\_  
Signature of Doctor of Naturopathic Medicine

Date: \_\_\_\_\_ 20\_\_\_\_

Date: \_\_\_\_\_ 20\_\_\_\_

## Declaration and Consent to Treatment

Caution must be taken in physiological conditions such as pregnancy and lactation, in very young children, persons with diabetes, heart, liver or kidney impairment and/or in persons taking multiple medications.

It is important that you inform your Naturopathic Doctor immediately of:

- Any disease process from which you currently suffer
- If you are on any medications either prescribed or over-the-counter
- If you are pregnant, suspect you are pregnant, planning to become pregnant or are currently breast feeding

There are some health risks associated with treatment by Naturopathic Medicine. These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs, the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your Naturopathic Doctor of any allergies you may have.
- Pain, bruising or injury from venipuncture or acupuncture
- Accidental burning of the skin from the use of moxa.
- Muscle strains and sprains, and disc injuries from spinal manipulation.
- The very small potential for stroke is a concern in neck manipulation. Patients are thoroughly screened prior to manipulating the neck.

I understand that my Naturopathic Doctor will answer any questions that I have to the best of her ability. I understand that results are not guaranteed. I do not expect the ND to anticipate and explain all risks and complications. I will rely on the naturopathic doctor to exercise judgment during the course of my treatment which she feels is in my best interest based on the facts which are known.

**I also understand that pharmaceutical grade supplements and herbal medicines prescribed and sold by my naturopathic doctor may be a part of my treatment protocol. This is to ensure that the appropriate dose and quality of medicine is administered and immediately available, in order to provide the most effective treatment possible. I also understand that there may be an additional cost for certain diagnostic procedures.**

With this knowledge I voluntarily consent to the diagnostic and therapeutic procedures mentioned above. I intend for this consent to cover the course of my treatment. I am free to withdraw my consent and discontinue treatment at any time. I

Dated this \_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

Name: \_\_\_\_\_

(please print)

Signature: \_\_\_\_\_

(patient or legal guardian)

## Consent for Collection, Use, and Disclosure of Personal Information

**Your Naturopathic Doctor understands the importance of protecting your personal information.**

To help you understand how she does that, here is an outline of how your Naturopathic Doctor may use and disclose this information:

- To assess your health concerns
- To provide health care
- To advise you of treatment options
- To establish and maintain contact with you
- To inform you of change of location/moving
- To send you newsletters and other information mailings
- To remind you of upcoming appointments
- To communicate with other health-care providers i.e. MDs, NDs, Osteopaths
- To allow your Naturopathic Doctor to efficiently follow-up for treatment, care and billing
- To invoice for goods and services
- To process payments
- To collect unpaid accounts
- To comply with all regulatory and legal requirements including court orders, statutory requirements to advise authorities of child abuse, reportable diseases and individuals who may be an imminent threat to harm themselves or others
- To be used for research purposes.

Your identity will be protected at all times and if necessary, identifying information will be altered to protect your privacy in all the above instances

**By signing this Patient Consent Form, you have agreed that you have given your consent to the collection, use and/or disclosure of your personal information as outlined above.**

**I have reviewed the above information that explains how my Naturopathic Doctor will use my personal information, and the steps that she is taking to protect my information.**

**I agree that my Naturopathic Doctor can collect, use and disclose personal information about me as set out above in the information about my Naturopathic Doctor's privacy policies.**

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Name: \_\_\_\_\_

(please print)

Signature: \_\_\_\_\_

(patient or legal guardian)

**Authorization for Release of Records From Health Care Professional  
to Evolve Chiropractic and Wellness Center**

(Please fax this form with the records  
to Evolve Chiropractic and  
Wellness Center Fax: 403.719.0356)

To: Dr. \_\_\_\_\_  
(please print)

From: Patient: \_\_\_\_\_  
(please print)

Fax No#: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Telephone: \_\_\_\_\_

I give Evolve Chiropractic and Wellness permission to contact the above listed medical doctor to release/obtain information with respect to my care by report, letter, phone, fax, or direct email.

**PLEASE FAX THE FOLLOWING REPORTS WITH THE SIGNED AUTHORIZATION FORM**

Health Records \_\_\_\_\_

X-Rays \_\_\_\_\_

Laboratory Results \_\_\_\_\_

On behalf of the Evolve Chiropractic and Wellness Center,  
I \_\_\_\_\_ give permission to receive/send the above listed reports on my  
behalf. I release from you all legal responsibility or liability that may arise from this authorization.

Signature of patient: \_\_\_\_\_  
(If patient is under the age of 18 signature of Legal Guardian or Parent is required)

Date: \_\_\_\_\_

Witness: \_\_\_\_\_

Health care practitioner (please print) \_\_\_\_\_ Lic # \_\_\_\_\_

Health care practitioner (Signature) \_\_\_\_\_