

# MOVE. THRIVE. EVOLVE.

\*denotes R Macdonald Professional Corporation

Last Name	First Name		Who can we that	Who can we thank for the referral?	
Address			City	Postal Code	
Cell Phone	Work Phone		Emergency Con	Emergency Contact	
Occupation	Email (For appoint	ment reminders, Ir	nvoices and clinic upd	ates ONLY) I agree	
Birthdate (dd/mm/yr)	Gender	Marital Status	Alberta Health C	Care Number	
For your convenience and to ex secure file: *You can remove the		e are happy to up	oload your credit ca	d information to your	
Number:	- Ex	kpiry: /	CCV:		
For more information on our policy	and security procedures, p	lease don't hesitate	e to ask our front desk!		
	EXTENDED HEAL	THCARE COVER	AGE		
Insurance Company Name	Group ID/Policy Nu	ımber	Member Numbe	r	

#### **Evolve 5th Avenue**

Calgary Place Suite 116, 414 - 3rd Street SW Calgary, AB, T2P 1R2

E: 5thAve@evolvechiro.ca T: 403.474.7792 F: 403.719.0356

#### **Evolve 8th Avenue**

**Watermark Tower** Suite 110, 530 - 8th Avenue SW Calgary, AB T2P 3S8

E: 8thAve@evolvechiro.ca T: 403.474.7792

T: 403.474.7792 F: 587.356.1188

### **HEALTH INFORMATION**

## **Health Priorities/ Chief Concerns:**

ist your main health concerns in order of	importance:			
1				
2				
3				<del></del>
Describe your overall health:	□ Poor	□ Fair	□Good	□Excellent
Typical Food Intake	LIFES	STYLE		
Breakfast: Lunch: Dinner: Snacks:				
Glasses of water per day?  Cups/ glasses per day?  Coffee _  Do you exercise?  Comparison	 Black tea _	Herbal tea	Pop	Other
Have you recently gained or lost weight?	□ Yes □ No	Weight gained	/lost	
Rate your stress level: (low) 1 2	3 4 5	6 7 8	9 10 (high)	
Which factors most contribute to your stre		•	amily □Marriage	e □Relationship □Other
s there anything that you feel is importar	nt that has not been	covered?		

### **FAMILY HISTORY**

Please indicate whether you or your immediate family members have or had the following:

Condition	Who?	Who? Condition V		Condition	Who?
Alchoholism		Cancer		Depression	
Allergies		Туре:		Osteoporosis	
Alzeimers		Drug Addiction		Parkinsons	
Arthritis		Diabetes		Seizure/Epilepsy	
Type:		Туре:		Stroke/Aneurysm	
Asthma		Eczema/Psoriasis		Thyroid Condition	
Autoimmune Disease		Heart Disease		Type:	
Type:		Kidney Disease		Tuberculosis	
HIV/AIDS		Liver Disease		Other	

### **MEDICAL HISTORY**

Medical Condition/Hospitalization	Date of Dia	te of Diagnosis		ndition still esent?	Symptoms
lease list all current medication	ne (prescription a	and over the	counter) the c	laily dose and ho	w long you have taken it
Medication	13 (prescription a		per day	lany dose and no	How long?
1.					
2.					
3.					
4.					
5.					
Please list all current vitamins/n				dose and how lon	
Supplement/Bran	ıd	Dose	per day		How long?
1.					
2.					
3.					
4.					
5.					
Please indicate any allergies an Allergy/Food		vities.		C: man	4
Allergy/Food	Sensitivity			Symp	toms
low many courses of antibiotics	a hava yay had i	n the neet E	vooro?		
low many courses of antibiotics	s nave you nau i	ii tile past 5	years?		· · · · · · · · · · · · · · · · · · ·
Vere you frequently given antib	iotics as a child?	?	If so, for w	hat?	
, , , , ,			,		
lave you had an adverse react	ions from any va	ccinations?			
De view voe en estate e felle e l'	0				
Oo you use any of the following		ck one		How much/How	u often/Form
Type Alcohol	Check one  ☐ Yes ☐ No			HOW HIUCH/HOW	V OILEINFUIIII
Tobacco	□ Ye				
Caffeine	☐ Ye				
Recreational Drugs	☐ Ye:				
Laxatives	☐ Ye:				
Antacids	☐ Ye				
Diet Pills	☐ Ye:				
Pain Medication/ Pain Killers					
Birth Control	☐ Ye	s 🗆 No 📗			

Please indicate which of the following screening tests you receive. Test Check one How often/ Most recent date CBC (complete blood count) ☐ Yes ☐ No ☐ Never ☐ Yes ☐ No ☐ Never **Breast Exam** □ No □ Yes □ Never Mammogram **DEXA Scan** □ Yes □ No □ Never PAP Test (women) □ Yes □ No □ Never Digital Rectal Exam (Men) □ Yes □ No ☐ Never □ No □ Never Testicular Exam (Men) □ Yes PSA (Men) □ Yes □ No □ Never □ Yes □ No ☐ Never Cholesterol □ Yes □ Never **Blood Glucose** □ No Other (x-ray, ultrasound, EEG, □ Yes □ No ☐ Never ECG, CT scan, MRI, ect.) Please check any symptoms that apply to you: Weight loss **Fatigue** Insomnia Weight gain Anemia Eczema Acne **Psoriasis** Chronic pain Seasonal allergies TMJ/jaw pain Asthma Chronic muscle tension Muscle cramping Headaches/migraines Arthritis High blood pressure Low blood pressure Numbness/tingling/weakness Constipation Diarrhea Clotting disorder Heart palpitations Abdominal pain Bloating/gas Frequent cold/flu Chronic stress Anxiety Depression Poor memory Recreational drug or alcohol use Low libido **Erectile dysfunction PMS** Irregular menstrual cycle Other: 

#### **Consent to Release Information:**

I give Evolve Chiropractic & Wellness Center my consent to release/obtain information from the following individuals with respect to my care by report, letter, phone, fax, email or direct communication:

- Physician(s)
- Employer
- Insurer
- Other

**INITIALS** 

#### **Credit Card Holder Authorization**

I, the previously-named authorized credit card user, give Evolve Chiropractic and Wellness Center express authorization to charge my credit card for the purposes of 1) Payment for services rendered by any practitioner at Evolve Chiropractic and Wellness Center. 2) Payment for goods purchased from any practitioner at Evolve Chiropractic and Wellness Center. 3) Payment for any outstanding balance I may incur. I understand that this form constitutes a legally binding contract and that by affixing my signature to this form, I will be held responsible for all agreed upon (as stated above) charges as well as any and all collection and legal fees. This credit card is authorized for only the charges noted above.

**INITIALS** 

IF I AM UNABLE TO ATTEND A SCHEDULED APPOINTMENT I WILL PROVIDE 24 HOURS NOTICE TO AVOID BEING CHARGED A MISSED APPOINTMENT FEE OF 100%. I AGREE TO PAY MY FULL ACCOUNT AT THE TIME OF EACH VISIT OR TREATMENT, INCLUDING FEES FOR SERVICE AND ANY GOODS PURCHASED.

I hereby acknowledge that I have discussed with the doctor of naturopathic medicine the assessment of my condition and the treatment plan. I understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to naturopathy treatment as proposed to me.

DO <u>NOT</u> SIGN THIS FORM UNTIL YOU I	MEDICINE	TUROPATHIC
I hereby acknowledge that I have discuss assessment of my condition and the treatment provided to me. I have considered the alternatives to treatment. I hereby consent	nt plan. I understand the nature of benefits and risks of treatment,	the treatment to be as well as the
Name (Please Print)		
Signature of patient (or legal guardian)	Date:2	20
Signature of Doctor of Naturopathic Medicine		20



Doctor of Naturopathic Medicine
Suite 116, 414 – 3 Street
SW Calgary, AB T2P 1R2
T: 403.474.7792

### **Declaration and Consent to Treatment**

Caution must be taken in physiological conditions such as pregnancy and lactation, in very young children, persons with diabetes, heart, liver or kidney impairment and/or in persons taking multiple medications.

It is important that you inform your Naturopathic Doctor immediately of:

- Any disease process from which you currently suffer
- If you are on any medications either prescribed or over-the-counter
- If you are pregnant, suspect you are pregnant, planning to become pregnant or are currently breast feeding

There are some health risks associated with treatment by Naturopathic Medicine. These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs, the
  duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your Naturopathic Doctor of any allergies you may have.
- Pain, bruising or injury from venipuncture or acupuncture
- Accidental burning of the skin from the use of moxa.
- Muscle strains and sprains, and disc injuries from spinal manipulation.
- The very small potential for stroke is a concern in neck manipulation. Patients are thoroughly screened prior to manipulating the neck.

I understand that my Naturopathic Doctor will answer any questions that I have to the best of her ability. I understand that results are not guaranteed. I do not expect the ND to anticipate and explain all risks and complications. I will rely on the naturopathic doctor to exercise judgment during the course of my treatment which she feels is in my best interest based on the facts which are known.

I also understand that pharmaceutical grade supplements and herbal medicines prescribed and sold by my naturopathic doctor may be a part of my treatment protocol. This is to ensure that the appropriate dose and quality of medicine is administered and immediately available, in order to provide the most effective treatment possible. I also understand that there may be an additional cost for certain diagnostic procedures.

With this knowledge I voluntarily consent to the diagnostic and therapeutic procedures mentioned above. I intend for this consent to cover the course of my treatment. I am free to withdraw my consent and discontinue treatment at any time. I

		Dated this day of	f <b>,</b>	20	
Name:			Signature: _		
	(nlease print)			(natient or legal guardia	an)



Doctor of Naturopathic Medicine Suite 116, 414 – 3 Street SW Calgary, AB T2P 1R2 T: 403.474.7792

### Consent for Collection, Use, and Disclosure of Personal Information

Your Naturopathic Doctor understands the importance of protecting your personal information.

To help you understand how she does that, here is an outline of how your Naturopathic Doctor may use and disclose this information:

- To assess your health concerns
- To provide health care
- To advise you of treatment options
- To establish and maintain contact with you
- To inform you of change of location/moving
- To send you newsletters and other information mailings
- To remind you of upcoming appointments
- To communicate with other health-care providers i.e. MDs, NDs, Osteopaths
- To allow your Naturopathic Doctor to efficiently follow-up for treatment, care and billing
- To invoice for goods and services
- To process payments
- To collect unpaid accounts
- To comply with all regulatory and legal requirements including court orders, statutory requirements to advise authorities
  of child abuse, reportable diseases and individuals who may be an imminent threat to harm themselves or others
- To be used for research purposes.

Your identity will be protected at all times and if necessary, identifying information will be altered to protect your privacy in all the above instances

By signing this Patient Consent Form, you have agreed that you have given your consent to the collection, use and/or disclosure of your personal information as outlined above.

I have reviewed the above information that explains how my Naturopathic Doctor will use my personal information, and the steps that she is taking to protect my information.

I agree that my Naturopathic Doctor can collect, use and disclose personal information about me as set out above in the information about my Naturopathic Doctor's privacy policies.

		Dated this	day of	<b>,</b>	20
Name:				Signature:	
	(please print)		<del></del>	0	(patient or legal guardian)



Suite 116, 414 – 3 Street SW Calgary, AB T2P 1R2 T: 403.474.7792 F: 403.719.0356

# Authorization for Release of Records From Health Care Professional to Evolve Chiropractic and Wellness Center

(Please fax this form with the records to Evolve Chiropractic and Wellness Center Fax: 403.719.0356)

From: Patient:(please print)
(please print)  Date of Birth:
Address:
Telephone:
mission to contact the above listed medical doctor to care by report, letter, phone, fax, or direct email.
PORTS WITH THE SIGNED AUTHORIZATION FORM
olve Chiropractic and Wellness Center, permission to receive/send the above listed reports on my consibility or liability that may arise from this authorization.
Lic #